

Fresh air, exercise and no air pollution

The U.S. Surgeon General recommends 10,000 steps a day to stay healthy and fit. Walking, jogging and bicycling meet this goal and, when used as a commute alternative, reduces air pollution and congestion. The San Tomas Aquino/Saratoga Creek Trail provides a pleasant, environmentally-friendly alternative for commuting to work or recreation. The 2.6-mile trail now extends from San Francisco Bay Trail to Scott Boulevard, with user-friendly grade-separated crossings of many major roadways. A new section now under construction will extend the trail another 1.25 miles. It is expected to open in 2009.



There are approximately 20 miles of bike lanes, 7 miles of bike routes and 7 miles of recreational paths in Santa Clara. A new bicycle map to show their location was published last year by the City, with advice from the City's Bicycle Advisory Committee. The annual Bike to Work Day every spring entices more commuters to use bicycles to get to work.



ALTERNATE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<div>Labor Day Holiday City offices closed. Regular Garbage, Clean Green, Recycling Collection Day.</div> <div>1</div>	<div>Youth Comm. 6 p.m. International Exch. Comm. 7 p.m.</div> <div>2</div>	<div>3</div>	<div>Historical & Landmarks Comm. 7 p.m.</div> <div>4</div>	<div>5</div>	<div>6</div>
<div>7</div>	<div>Civil Service Comm. 7 p.m.</div> <div>8</div>	<div>Admission Day Holiday City offices closed. Regular Garbage, Clean Green, Recycling Collection Day.</div> <div>9</div>	<div>10</div>	<div>11</div>	<div>12</div>	<div>Art & Wine Festival, Central Park 10 a.m.- 5 p.m.</div> <div>13</div>
<div>Art & Wine Festival, Central Park 10 a.m.- 5 p.m. Free Disposal Day at Mission Trail Waste Transfer Station, 1313 Memorex Drive. Residents only. Appointment required! Call 727-5365.</div> <div>14</div>	<div>15</div>	<div>City Council 7 p.m. Parks & Rec. Comm. 7 p.m.</div> <div>16</div>	<div>17</div>	<div>18</div>	<div>19</div>	<div>20</div>
<div>21</div>	<div>Senior Advisory Comm. 10 a.m. Citizens Advisory Com. 7 p.m. Fall Recreation Classes begin.</div> <div>22</div>	<div>23</div>	<div>Planning Comm. 7 p.m.</div> <div>24</div>	<div>25</div>	<div>26</div>	<div>Household Haz. Waste Drop- Off Day. Call 299-7300 for appointments and additional days.</div> <div>27</div>
<div>28</div>	<div>29</div>	<div>City Council 7 p.m.</div> <div>30</div>		<div></div>	<div><div>AUGUST</div><div>S M T W T F S</div><div>1 2</div><div>3 4 5 6 7 8 9</div><div>10 11 12 13 14 15 16</div><div>17 18 19 20 21 22 23</div><div>24 25 26 27 28 29 30</div><div>31</div></div>	<div><div>OCTOBER</div><div>S M T W T F S</div><div>1 2 3 4</div><div>5 6 7 8 9 10 11</div><div>12 13 14 15 16 17 18</div><div>19 20 21 22 23 24 25</div><div>26 27 28 29 30 31</div></div>



SEPTEMBER 2008

